

Padakanti Mahesh

Co-Founder & Administrator, Dr. Anusha Reddy Minds Clinic

"Education is not just about knowledge, but about nurturing the mind and shaping the future."

Padakanti Mahesh serves as the Co-Founder and Administrator at Dr. Anusha Reddy Minds Clinic, embodying a commitment to holistic development in education and mental health. A distinguished counseling psychologist with an exceptional academic record, Mahesh has achieved a Ph.D., M.Phil., and several postgraduate degrees across psychology, education, literature, and computer science. His expertise is further underscored by his successful qualification of the UGC NET, reflecting a dedication to educational excellence and scholarly rigor.

As a former faculty member in mathematics and computer science at Osmania University, Mahesh has played a pivotal role in advancing academic research and nurturing intellectual growth among students. He brings multidisciplinary insight to both his educational and therapeutic practice, seamlessly integrating creativity and scientific inquiry to foster balanced human development.

In addition to his academic and clinical achievements, Mahesh is an accomplished calligrapher and graphologist, utilizing his creative skills to enhance his holistic approach. By blending art, psychology, and education, he supports personal growth and mental well-being, ensuring each client receives compassionate, personalized care.

At Dr. Anusha Reddy Minds Clinic, Mahesh is dedicated to cultivating a nurturing environment where children and families flourish through specialized therapeutic interventions and tailored educational guidance. He upholds the philosophy that education is not merely the transmission of knowledge, but the nurturing of minds and the shaping of futures.